

Be eligible to win fabulous prizes!

Top Placement Prizes for:

- Male and Female – 10 km
- Male and Female – 5 km
- Male and Female – 10 km – 14-16 yrs
- Male and Female – 5 km – 14-16 yrs
- Male and Female – 5 km – 13 & under

Top Fundraiser Prizes for:

- Top individual(s)
- Top family
- Top Corporate/Team
- Top School Team
 - City Elementary
 - City Secondary
 - Rural School
- Top University/College Team



Prizes to be won include:

- Two-night stay at Lost Creek Resort in Waskesiu – courtesy of Lost Creek Resort
- Weekend Winter Getaway – courtesy of Turtle Lake Lodge
- Painting – courtesy of Val Borycki
- Sports Equipment Gift Certificate – courtesy of Anderson's Source for Sports
- MP3 Player - courtesy of The Sony Store
- 1-yr membership to Mawson Health and Fitness – courtesy of Mawson Health and Fitness
- Tickets to a performance at Persephone Theatre – courtesy of Persephone Theatre and much more!!!

"Cancer devastates. When I was 22, it devastated my family by taking the life of my mother. She was forty-five. She didn't get to see her children marry and have children. She didn't get to accomplish many of her own personal goals. It was a life interrupted. Cancer still devastates today, but there are organizations to help ease the pain in a direct and tangible way. On behalf of all those who will benefit from your passion and your kindness, thanks for supporting the **HOPE** Race for Recovery!"

Sheila Coles – Host of CBC's Morning Edition

SPONSORS

Gold - \$5000



Silver - \$2500



Bronze - \$1000



Patron of the Race - \$500



Friend of the Race - \$250



Media



Thank You

To our generous sponsors, food/prize donors, dedicated committee and volunteers – a HUGE thanks.



The 14th Annual

RACE FOR RECOVERY



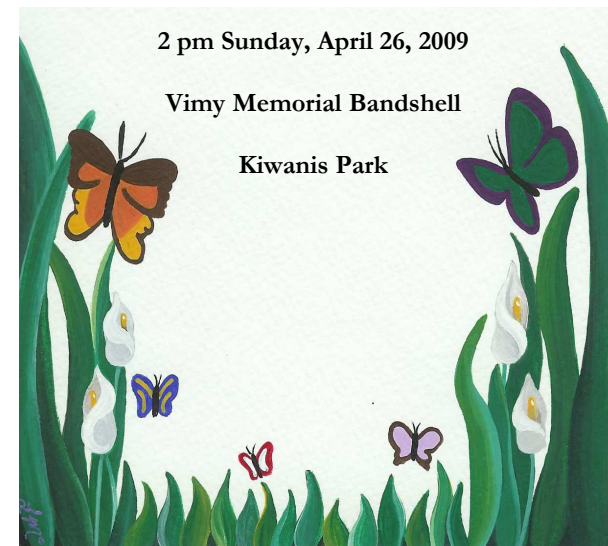
Walk 2 or 5 km
or
Run 5 or 10 km

Honorary Chair, Sheila Coles,
host of CBC's Morning Edition

2 pm Sunday, April 26, 2009

Vimy Memorial Bandshell

Kiwanis Park



ABOUT HOPE



HOPE was founded by three cancer survivors and incorporated in 1989. The HOPE Race for Recovery has raised more than \$750,000 over the last 13 years – all of which stayed in Saskatchewan. Your on-going support helps fund HOPE programs and support for people facing cancer. We provide

- direct personal client assistance
- support groups/workshops/week-end retreats
- access to the internet
- a drop-in resource facility and library
- support for research at the University of Saskatchewan
- support for other groups who offer support for those living with cancer.

Registered charity number: 87435 8799 RR0001

RACE INFORMATION

The HOPE Race for Recovery offers a 5 km or 10 km run as well as a 2 km or 5 km walk.

- **Entry fee:** \$25 per person – waived if participant raises \$25 or more in pledges

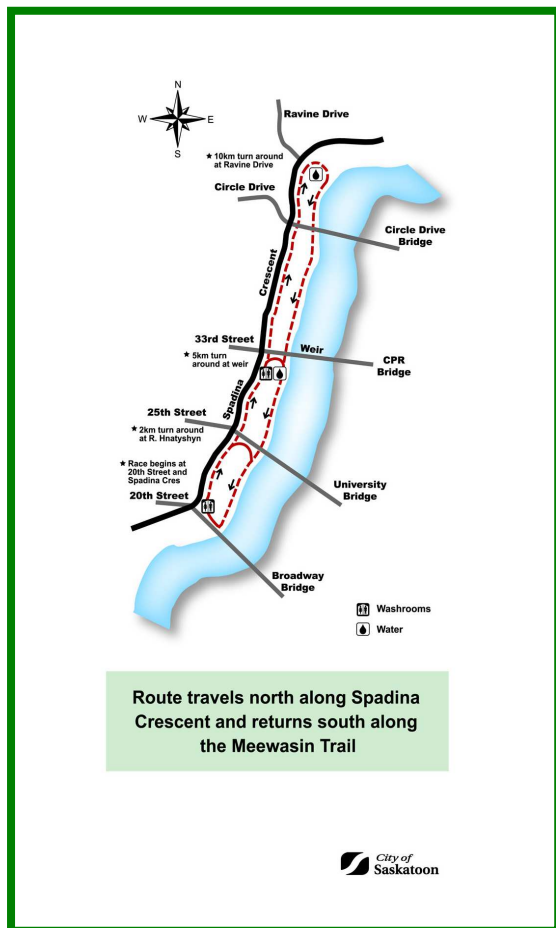
DONATIONS/VOLUNTEERS

HOPE gratefully accepts all donations. Income tax receipts will be issued for donations of \$10 or more *if requested*. Please make cheques payable to HOPE Cancer Help Centre Inc. For more information or to volunteer, contact us at: 300-506 25th Street East
Saskatoon, Sk., S7K 4A7.

Phone: (306)955-HOPE (4673) Fax: (306)955-4678

E-mail: hopesaskatoon@sasktel.net

Website: www.hopcancerhelpcentre.com



Is this your first competitive run? If so . .

Run for HOPE and Health – a free weekly training program (presented by BRAINSPORT and HOPE Cancer Help Centre Inc.)

- Training booklet available at HOPE Cancer Help Centre Inc. and BRAINSPORT

- Starts Saturday, March 21, 2009 @ 1:00 pm

- Meet at BRAINSPORT - The Running Store (704 Broadway Avenue)

TEAM INFORMATION

To accurately record team data, the Team Captain must:

- submit registration forms for each participant
- ensure each participant has a signed waiver
- pick up draw slips, on the day of the event, for each team participant who collects \$250 or more in pledges.

Teams are invited to carry a team banner and/or wear team colours.

REGISTRATION AND PLEDGES

You can submit your registration/pledge form and collected pledges on Race Day or **before 3:00 pm on Thursday, April 23, 2009**, at the following locations:

- The HOPE Cancer Help Centre Inc.
300 – 506 25th Street East, Saskatoon
- BRAINSPORT – The Running Store
704 Broadway Avenue
- Affinity Credit Unions – Saskatoon
 - Broadway – 912 Broadway Ave.
 - City Centre – 130 1st Ave. N.
 - Eighth Street – 2210 8th St. E.
 - Fairhaven – 3315C Fairlight Dr.
 - Main – 309 22nd St. East
 - River Heights - #7 Assiniboine Dr.
 - St. Mary's – 1515 20th St. West
 - Westview – 1624 33rd St. West
 - Commercial – 300-310 20th St. East
- Warman – 204 Central St. West
- Martensville – 7 Centennial Dr.
- Langham – 302 Main St.
- Osler – 228 Willow Dr.
- Dalmeny – 115 3rd Street

