



# HOPE BULLETIN

MAY 2009

## HOPE Board:

Chair:  
Kathrine Flaherty

Members:  
Janet Drysdale  
Carol Gutiw  
Audrey Hall  
Murray Hall  
Ulrich Teucher

## HOPE Staff:

Coordinator:  
Donna Boyce  
  
Administrative Assistant:  
Anne Coleman

## HOPE Location:

300-506 25th Street East  
Saskatoon, SK  
S7K 4A7

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Fax: 955-4678  
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[hopesaskatoon@sasktel.net](mailto:hopesaskatoon@sasktel.net)

Website:  
[www.hopcancerhelpcentre.com](http://www.hopcancerhelpcentre.com)

## HOPE Hours:

Monday to Friday  
11:00 AM to 5:00 PM  
or contact the Centre  
to arrange alternate  
office hours.



On your mark! Get set! Go!!!



## 14<sup>TH</sup> ANNUAL RACE FOR RECOVERY

Sunday, 26<sup>th</sup> April 2009

The date change from October to April proved to be a truly positive move for the HOPE Cancer Help Centre's major annual fundraising event. Not only did the weather co-operate nicely, but more people came out than ever before! In fact, it is conservative to estimate that more than 500 avid individuals crowded into Kiwanis Park in an incredible display of support.

While the dust has not quite settled yet, we are pleased to report that approximately 330 participants raised \$42,000 in pledges! Race for Recovery sponsorship dollars brought in an additional \$20,000! Many thanks to Honorary Chair, Sheila Coles (popular host of CBC's Morning Edition), Race Coordinator, Irene Gareau (IM Events) and the more than 70 volunteers who worked so tirelessly to make the event a great triumph.

Due to the success of this year's event and the numerous positive comments received, the Race for Recovery will be held in April each year.

### Major Fundraising Prize Winners Include:

<b>Top 4:</b>	Ashley Laewetz	\$3,860.00	Amanda Mayotte	\$1,003.50
	Susan Wells	\$2,001.00	Ruth Fikoloma	\$ 925.00

<b>Over \$750:</b>	<b>Over \$500:</b>	Serdar Donmez
Bonnie Dahl	Dennis Flaherty	Megan Fontaine
Robin Friesen	Renee Fortugno	Hania Nahachewsky
Ernie Klassen	Marilyn McCloy-Cornish	Marie Thiesson

<b>College:</b>	College of Nursing (4)	\$405.00
<b>Corporate:</b>	St. Paul's Hospital ER Nurses (5)	\$2,406.00
<b>Family:</b>	Jewel's Jems (15)	\$1,225.00

**School:** Caswell School - not only for the Race, but throughout the year.



See you in 2010!

Please visit the HOPE website at: [www.hopcancerhelpcentre.com](http://www.hopcancerhelpcentre.com) for full details regarding the Race for Recovery sponsors, donors, and placement prizes.

HOPE . . . fosters healing and support for people facing cancer.

## HOPE VOLUNTEERS

The Annual Race for Recovery certainly created a flurry of activity at the **HOPE** Centre during the month of April. We would be remiss if we did not take a few moments to belatedly thank our many, many outstanding volunteers in observance of National Volunteer Week (April 19<sup>th</sup> through 25<sup>th</sup>). The date may have gotten lost in the mad bustle surrounding the Race. However, put quite simply, **HOPE** would not exist without its corps of superlative volunteers. Not only was **HOPE** founded by volunteers over twenty years ago, but it continues to thrive and carry out its vital work through the hard work and dedication of today's volunteers.

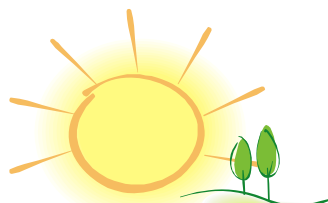
Three Cheers for **HOPE** Volunteers!

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## UPCOMING WORKSHOPS

### ANNUAL LYMPHOEDEMA WORKSHOPS



Friday, 29<sup>th</sup> May 2009

Saturday, 30<sup>th</sup> May 2009

9:00 AM to 4:00 PM

Room 308

Saskatoon Community Service Village

506-25<sup>th</sup> Street East

\$10.00 (for lunch)

Facilitated by: Jan Mc Farland  
Registered Physiotherapist



### HEART UNFOLDING

Saturday, June 13<sup>th</sup> 2009

9:00 AM to 12:00 noon

Room 308

Saskatoon Community Service Village

(no charge)

Facilitated by: Patricia Barclay

This workshop will provide participants with an excellent opportunity to share their stories and experiences on their personal journeys with cancer.

There may still be few seats available for these two terrific workshops.

Don't delay; contact 955-**HOPE** (4673) today! Be sure to refer to the **HOPE** yearly Program Calendar for a full listing of workshops and events in the **HOPE** Headlines quarterly newsletter, or visit our website at: [www.hopcancerhelpcentre.com](http://www.hopcancerhelpcentre.com).

### ANNUAL WEEKEND RETREAT:

6:30 PM Friday, 25<sup>th</sup> September – 1:30 PM Sunday 27<sup>th</sup> September, 2009

- Be sure to mark your calendars for the Annual Weekend Retreat.
- Once again the event will be held at Queen's House of Retreats.
- Cost \$100.00\* (includes 2 nights lodging plus meals and snacks.).

\* Bursaries are available. For full details, please visit the **HOPE** website:  
[www.hopcancerhelpcentre.com](http://www.hopcancerhelpcentre.com).

